



Being a Hospice nurse is certainly not for sissies! During the hard Covid-19 lockdown last year when the rest of the country were safe in their homes - the Hospice team were on the road every single day - bringing their special empathy and practical care to those who needed it the most. Here is a little glimpse into what personal mantras motivate these wonderful women to continue the work they do.



**Sethu Mntambo:**  
Care Worker -  
Kouga Office  
*"I want to give my support to people of any age who are experiencing severe symptoms of life-limiting conditions"*



**Sr Ingrid Williams:**  
Manager/Professional  
Nurse - Kouga Office  
*"Bringing emotional & spiritual comfort & hope to patients and their loved ones brings me the greatest fulfilment, as does seeing my work make a real difference at an incredibly hard time in people's lives."*



**Sr Ncinci Kunene:**  
Professional Nurse -  
PE Office  
*"When I am caring for a patient, I try to put myself in their shoes and help to manage their pain as best I can."*



**Sr Marian Coertzen:**  
Professional Nurse -  
Kouga Office  
*"All lives matter - every individual has the same intrinsic, eternal value and deserves the best possible care."*



**Ms Annestene Kettleidas:**  
Community Care  
Worker - PE Office  
*"My motto is - Yesterday is gone, you will never find it; Tomorrow is unknown - but today is here. Live it. Make the most of it."*



**Sr Cindy Stirk:**  
Enrolled Nurse -  
PE Office  
*"The most challenging part of the job for me is keeping my own emotions in check while helping my patients through the difficult processes they are experiencing."*



**Sr Sharon von Mollendorff:**  
Professional Nurse -  
Kouga Office  
*"I advise my patients and their families not to count the months but rather concentrate on making the most of every day."*



**Sr Lynne Hodson:**  
Senior Professional  
Nurse - PE Office  
*"I get great satisfaction from helping a patient to control their symptoms and manage their pain."*



**Sr Joyce Mconi:**  
Professional Nurse -  
PE Office  
*"My advice to anyone wishing to specialise in palliative care is that they need to be both compassionate and strong; be practical yet supportive and above all stay calm."*

By making a donation, you will help to ensure that our dedicated, compassionate and hard-working nurses, care workers and social workers can continue their invaluable work - particularly in impoverished communities.

St Francis Hospice celebrates its 35th birthday this year. Only with your help will we be able to continue to provide physical and spiritual solace to those in need for the next 35 years!

Please return the tear-off slip below either in the small envelope enclosed, via e-mail or fax to assist with our record keeping. Thank you!

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Code: \_\_\_\_\_

E-mail: \_\_\_\_\_ Cell: \_\_\_\_\_

Donation Amount: R \_\_\_\_\_ (CASH)

R \_\_\_\_\_ (EFT/DIRECT DEPOSIT) Ref: Name & MA (which stands for Mail Appeal) e.g. JS SMITH - MA

**Banking Details: St Francis Hospice, Standard Bank - Stanley Street, Branch Code: 050417, Account No: 080 260 349**

St Francis Hospice, P O Box 7793, Newton Park, 6055 or Hospice Lane, off Warbler Street, Taybank, 6025

Phone: 041 360 7070 / Fax: 041 360 1279 / E-mail: nicky@stfranchishospice.za.org

**NB: ALL CASH donations receive a receipt. UPON REQUEST, a Section 18A tax receipt will be issued for donations of R100 or more for tax purposes.**